Healthy School Lunch Petition

Petition Summary and Background	Problems with weight and health have become epidemics in the United States. Some groups are especially at risk. African American and Hispanic children are at particular risk of weight problems, diabetes, and other health concerns. For many of these children, lactose intolerance is also an issue, pointing to the need for lactose-free beverages. All schools face economic challenges in providing healthful foods. However, a strong federal investment in good food for children pays off for many years to come. To reduce calories and saturated fat in school meals, schools should include plant-based foods in their regular meal service. All schools should also be able to provide nondairy milk on request. In order to do so, they must have federal support.
Action Petitioned for	We call on Congress to help our schools provide vegetables, fruits, legumes, grains, vegetarian foods, and healthful nondairy beverages in school meal programs through The Child Nutrition and WIC Reauthorization Act of 2009.

Printed Name	Signature	Address	ZIP	Occupation (Adults) Grade (Students)	E-mail